Jeffco Healthy Schools

Annual Report 2017

What We DO
1. Support implementing wellness in schools
2. Wellness Policy, District & Student Health Advisory Councils (DHAC & SHAC)
3. Professional Learning around school wellness
4. Collaborate with community partners to support schools, including funding for schools

Policy

Big Policy Change
New nutrition standards are now in place for foods offered to students during the school day, including rewards and celebrations.

Policy Input
Survey Respondents: 1150
90% of Schools Represented

~600 School staff and parents attend Healthy Schools trainings annually

Initiatives & Successes

Active Classroom Design and All School Movement
24 schools funded
Schools funded for All School Movement
Additional minutes of physical activity offered per day

77%
Strongly Agreed/Agreed that students were more engaged in their learning

“Active classroom design increases engagement and attentiveness to task”

Tobacco Programs
6
Supporting students to quit tobacco, vaping and marijuana with the N-O-T tobacco cessation program

73%
Schools Students

Mindfulness
10
Schools implementing mindfulness as a building wide initiative

Mental Health Staff
Parents
New Teachers
Students

School Gardens
36+
Gardens, community gardens and greenhouses

Active Recess and Spaces
4 trainings to increase activity at recess

Water Filling Stations
18 schools since 2016

Learn more: www.tinyurl.com/jeffcohealthyschools

Jeffco High school students have participated to give young people a voice in, and to impact health.

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90% of Schools Represented

24,761 Students reached by Healthy Schools Teams

Healthy Schools Staff (~1.5 FTE)
Healthy Schools Liaisons (~140)
Healthy Schools Teams (~65)

“I love healthy schools. I love being on the committee that makes healthy positive changes at our school.”

Student Health Advisory Council

“SHAC changes lives... the lives of the Jeffco students and of SHAC members themselves.”

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“Active classroom design increases engagement and attentiveness to task”

“Students have been consuming a lot more water!”

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