For the safety of yourself and those around you, cover your nose and mouth when in public using a bandana or homemade cotton face covering.

**APPLICATION**

- Wash your hands with soap and water for at least 20 seconds.
- Put on your face covering, and secure it so it fits snugly against your face.

**USE**

- **DO NOT touch your face or the covering.**
- **Replace the covering if it gets damp, or sneezed or coughed on.**

**REMOVAL**

- Remove the covering from behind, keeping the outer layer away from you.
- Place the covering directly into the laundry and wash your hands.

You can make a simple cloth face covering without having to go out to get new supplies. Visit bit.ly/FaceCoveringInstructions for more information. Please remember that even while wearing a face covering, you should still follow all other social distancing practices.

*Adapted from San Juan Basin Public Health and CDC*